



October 2022

Mid-Michigan Emmaus Newsletter

Please share this newsletter with any of your Emmaus friends. We need help to get the word out since our database still has incorrect email addresses for many members. Any new or corrected email addresses can be sent to tkcamill@aol.com . Thank you for your help.



Praise God for His blessings on these ladies who experienced 3 days of renewal on their Walk to Emmaus. Praise God for 20 new members to Mid-Michigan Emmaus! God loves you and so do we.

Men's Spring Walk

April 13-16, 2023

Women's Spring Walk

April 20-23, 2023

Post Walk

May 6, 2023

4:00-6:00 pm.

Location:

Trinity UMC
513 Washington St.
Sebewaing, MI 48759

Information:

midmichiganemmaus.com
register4mmewalk@gmail.com

Chrysalis Events

www.chrysalis.emsem.org
(Partnering with Southeast Michigan Emmaus)

Dear Mid Michigan Emmaus Community,

We did it, or should I say God did it! On September 22nd through the 25th, Mid Michigan Emmaus officially came back to life with our first Emmaus walk since the fall of 2019. After three long years, we were able to have an Emmaus walk. I can't tell you how excited I am to get us back to putting on Emmaus walks. It truly fills my heart with joy. It was not without its challenges, but it was definitely worth it.

While sitting in the audience during closing and listening to the pilgrims answer the two questions, "What has Emmaus meant to me?" and "What I am going to do with it?", tears of joy filled my eyes and my heart. It was clearly evident to me that this ministry is needed now more than ever.

It is so important for us to continue this ministry. There are so many people that need this experience. I listened as several pilgrims shared how much this weekend meant to them, how life-changing it was for them. They spoke about the bonds they had formed in just a short few days, and how it restored their hope as they bubbled over with joy.

First, I would like to welcome the 20 pilgrims from Walk #88 to the Mid Michigan Community. We are all so pleased you took the time to draw closer to God and we pray that the experience was uplifting and powerful for you.

As we move forward I would encourage our newest members as well as those who have been part of this community for many years, to get involved in a 4th day reunion group. If your group has been paused due to the pandemic, please please restart your groups and begin meeting again. If you do not have a group, contact me and I will try to connect you with one in your area. If not, then consider taking the time to start a group of your own.

Use your service card as a tool to guide you in deepening your faith. Piety, study, and action are the cornerstones of maturing spiritually. Be intentional about the steps you take to change yourself as well as the world. The accountability of the 4th day group is a vital piece for growth. The structure that the group adds will help you be much more intentional about your walk with God.

I would also suggest that you can use the service card during a regular bible study to do a quick check in with those in your group and to add a bit of accountability to your weekly routine. I like to open our weekly bible study with two questions, "Where have you seen Jesus at work around you this week?" and "Where have you struggled this week?". These two questions open our hearts to remind us of the daily activity of God in our lives; as well as, it reminds us that we are not alone on our journey. Many times, this will also draw other people into your situation to pray for you as well as provide strength and encouragement.

Meeting together in small groups can have a powerful impact on our lives and on the lives of those around us. It's not just for our growth, but also to open our eyes to the needs of others so we can reach out and be the hands and feet of Jesus Christ. The more we draw closer to God, the easier it is to feel the nudging of the Holy Spirit to take action and share our gifts and talents with others so they may be drawn to God.

As I close this article, I want to thank all the sponsors that stepped up to sponsor pilgrims for this walk. Without sponsors these weekends do not happen. I also want to thank all the weekend servants that took the time from busy schedules to be a part of the weekend and to change these pilgrims' lives. And finally, thanks to all the prayer warriors, the 76-hour prayer vigil participants and those that lifted everyone up in prayer. We could not put on these weekends without you. Thanks also to all the board members who continue to press forward performing their important tasks, never giving up hope, and staying faithful in challenging times. I do so love this community, **thank you** for all you do in the name of our Lord and Savior, Jesus Christ.

Always remember, God Loves You And So Do I,

Bob McCormick, Mid Michigan Emmaus, Community Lay Director

Time to Eat!

Submitted by Christine Jacobs and used on walk #88

Homemade Granola

8 c. oatmeal
1 c. chopped walnuts
½ c. sliced almonds
½ c. sunflower seeds (optional)

Mix these 4 items in a large bowl.

Melt together:

2 sticks butter
1½ c. brown sugar
½ c. honey
1 tsp. vanilla

Bring these ingredients to a boil and stir until all is melted. Pour over oat mixture and stir well. Pour onto a well sprayed or parchment-lined cookie sheet. This amount requires 2 cookie sheets.

Bake in a 275° oven for 45 min., stirring every 15 min. Take out, cool, and break into large clumps. Add raisins or dried cranberries or dried cherries to the clumps.

ENJOY!



BOOKSHELF

Tricia Wiegierink, Literature Chairperson

Food and a good book? If that sounds like a great combination, then **Taste and See** may just be the book for you! Thank you to Jane Francis for this recommendation from her Growth Through Study talk given at Emmaus Walk #88.

Taste and See by Margaret Feinberg

Embark on a global adventure where you will descend into a salt mine, knead bread, harvest olives, and pluck fresh figs.

Feinberg writes that since the opening of creation, God, the Master Chef, seeds the world with pomegranates and passionfruit, beans and greens and tangerines. This groundbreaking book provides a culinary exploration of the Scripture. You'll descend 400 feet below ground into the frosty white caverns of a salt mine, fish on the Sea of Galilee, bake fresh matzo at Yale University, ferry to a remote island in Croatia to harvest olives, spend time with a Texas butcher known as "the meat apostle," and wander a California farm with one of the world's premier fig farmers.

Taste and See is a delicious read that includes dozens of recipes for those who believe some of life's richest moments are spent savoring a meal with those you love. Perhaps God's foodie focus is meant to do more than satisfy our bellies. It's meant to heal our souls as we learn to taste and see the goodness of God. After all, food is God's love made edible!



Dear Friends in Christ,

First, I would offer the following prayer:

AUTUMN PRAYER

God of all seasons, we thank you for Autumn.

We thank you for the touch of coolness in the air that gives us a new burst of energy,
for the coloring of trees that shows the creativity of the Divine Artist,
for the falling leaves that reveal the strength of the branches,
for the hues of fields that bring peace to our souls,
for the smiles on pumpkins that bring joy to children,
for the fall harvest which that brings us gratitude for the bounty of our land,
for this change of seasons that reveals the circle of life.

God of all seasons, as you transform the earth, transform us by your Spirit.

Amen

Initially published by — Rev. Doug Leonhardt, S.J.

As we move into Autumn and celebrate our recent Walk #88 in the Mid-Michigan Community, I want to take the opportunity to thank everyone who served and prayed and participated in the weekend. It was truly a blessing to the soul! As a reminder, I urge each member of our community to continue to pray for the members of our community (those from Walk #88 and others), our recent and future sponsors, the leadership of our Mid-Michigan Emmaus Community, and all those things on our hearts and on our minds.

During Walk #88 I was asked the question “How can I get better at prayer, I don’t feel very good at it”? My advice is to do some exploring in your prayer life. In a recent article I was reading, the authors shared and described 25 types of prayer strategies and prayer practices. Some of these include the strategy known as ACTS which stands for Adoration, Confession, Thanksgiving, and Supplication. A similar strategy is known as the PRAY strategy which stands for Praise, Repent, Ask, and Yield. Other strategies include prayer journaling, personalizing scripture, song, praying the scriptures, and many others. As you continue to grow and mature in your prayer life, I encourage each of you to explore ways to engage and grow in prayer.

De Colores – Pastor Ray

Link to the article:

<https://justdisciple.com/prayer-method/>

POTLUCK GATHERING!

NOV. 12TH

WEST BRANCH UMC 4-6 PM

2490 West State Road
West Branch, MI 48661

4:00-5:00 PM EAT/FELLOWSHIP

5:00-6:00 PM GATHERING/4TH DAY

BRING YOUR FRIENDS AND FAMILY!

SPREAD THE WORD AT CHURCH

WE ARE GOING TO HAVE FUN!

Hi Community!

Please pray about helping Emmaus with your time and talents! Do you like music? We could use you. Are you organized? We could use you. Are you a leader? We could use you. Are you a servant? We could use you. Do you pray? We could use you. Better yet, God could use you to make a difference in the many lives that are affected by this Emmaus community.

Our Mid-Michigan board helps to prepare year-round for walks, support each team, plan gatherings, and take care of organization business. There are a couple open positions on the board. There are also some others coming available with the end of board member terms in the next year. To help a new member, there would be a mentorship transition for training and people could partner up to share the duties of a position if they choose. These positions are not as tough as it seems once you get training. Although some positions do take more time than others to prepare for the walks, we help each other out and it is not that bad.

It does take a little time each month to attend meetings and follow up on items discussed. Currently you can attend by phone, zoom or in-person; although, we do prefer in-person meetings when weather permits. We have been utilizing phone meetings lately for those who cannot make the drive in. It is a good learning opportunity, and it blesses the community to have fresh people involved.

The current board has walked through a database changeover, Covid shutdowns, and a shorthanded board these past 2 years. God has given us direction through all of it. Praise God! Things are in place and no longer in a confused status and God's love and this ministry remains. Would you please pray about joining the team of board members? Ask God if there is an area you should consider as a ministry to our Emmaus community. Our board welcomes anyone to come to a meeting (2nd Thursday of each month at 7pm in Midland at Aldersgate Church) and see what it's like. Feel free to contact any board member listed on the last page and we will gladly answer your questions. This is truly God's ministry and we are His servants. What a blessing to serve in this way. Would you consider joining us? Even if this is not God's direction for you, please join us in praying for God to stir in the hearts of this community the people He wants to serve in His work of growing faith and making disciples.

GLYASDI, Pati
Agape Chair/Secretary



MME Board

Contact Us

Position	Name	Phone	Email
Community Lay Director	Bob McCormick	810-357-5617	mccor1958@gmail.com
Community Spiritual Director	Pastor Ray Francis	989-330-9135	drrayfrancis@yahoo.com
Agape Chair	Pati Weingartz	989-835-6594	weingartz4jesus@gmail.com
Board Secretary	Pati Weingartz	989-835-6594	weingartz4jesus@gmail.com
Board Support	Lisa McCormick	810-531-1258	
Board Treasurer	Matt Pollard	989-254-2057	reclubmap@yahoo.com
Candlelight/Sponsor's Hour Chair	Wendy Orzel	989-450-4450	worzel64@yahoo.com
Communications	Jane Francis	989-330-9136	jnfrancis14@gmail.com
Database Chair	Teresa Camilleri	989-859-4799	tkcamill@aol.com
Facilities Chair	<i>vacant</i>		
Gatherings Chair	Jill Pollard	989-751-1137	Jlp610@gmail.com
Group Reunion Chair	Jill Pollard	989-751-1137	Jlp610@gmail.com
Kitchen Chair	Ed Orzel	989-450-4450	ed_orzel@yahoo.com
Literature Chair	Trisha Wiegierink	989-312-0686	junebugslug@hotmail.com
Music/Entertainment Chair	<i>vacant</i>	---	---
Newsletter Chair	Mary Wheeler	989-274-6722	mwheelie@gmail.com
Prayer Vigil	Kris Middaugh	810-404-9653	tkmiddaugh@yahoo.com
Registrar	Sue Montei	989-550-2986	Register4MMEWalk@gmail.com
Team Selection Chair	Bob McCormick	810-357-5617	mccor1958@gmail.com
Trailer/Supplies Chair	Board shared	---	---
Website	Teresa Camilleri	989-859-4799	tkcamill@aol.com

Do you have any ideas for change that you would like the board to consider? Please email or call any of the board members and let us know. We welcome your input. Together, we are the hands and feet of God.

*God Loves You and So Do We,
the Mid-Michigan Emmaus Community Board*