



April 2023

## Mid-Michigan Emmaus Newsletter

# GATHERING! MAY 6<sup>TH</sup> 4-6PM

POTLUCK

Good Food,  
Fellowship

BRING

Names tag, dish,  
Spouse or friend

TRINITY

513 Washington  
Sebewaing, MI

*Don't miss the blessings of gathering together!*

### Emmaus Recipes

#### Payday Bars

- 6 cups Rice or Corn Chex cereal
- 1 cup salted/roasted peanuts
- 1 cup sugar
- 1 cup light Karo syrup
- 1 cup crunchy or creamy peanut butter



Spray with oil a 9X13 cake pan. Pour in cereal and then peanuts. Set aside. In medium sauce pan, bring sugar and Karo syrup to a boil. Boil for 1 minute and take off heat and add peanut butter. Pour the mixture over the cereal and peanuts. Cool and cut into squares.

**Find us on Facebook, Mid-Michigan Emmaus!**

## Men's Fall Walk

Sept. 21-24, 2023

## Women's Fall Walk

Sept. 28 - Oct. 1

### Location:

Faith UMC  
203 Jefferson St.  
Coleman, MI 48618

## Spring Post Walk Gathering

May 6, 2023

4:00-6:00 pm.

### Location:

Trinity UMC  
513 Washington St.  
Sebewaing, MI 48759

### Information:

[midmichiganemmaus.com](http://midmichiganemmaus.com)  
[register4mmewalk@gmail.com](mailto:register4mmewalk@gmail.com)

## Chrysalis Events

[www.chrysalis.emsem.org](http://www.chrysalis.emsem.org)  
(Partnering with Southeast Michigan Emmaus)

**Dear Community,**

**As I sit down to write this article we are only a few days away from our first Men's Emmaus walk since Spring of 2019. Wow! It has been quite a while. I am filled with Joy to see us finally get enough men to hold a walk. I am reminded of the perseverance talk. As disciples, we are called to persevere in grace. As Community Lay Director, it has been difficult at times, to stay positive and keep pushing through. But, with the encouragement of the Board of Directors and many of you in the community we have once again arrived at a place of renewed ministry. I have many people to thank for getting us here, but two couples stand out among them all. First, Mark and Teresa Camilleri have pressed on through low pilgrim numbers, postponed walks, COVID, and many challenges in their personal lives to finally get to this men's weekend. They are an amazing example of a godly husband and wife team. Their servant hearts have inspired me many times. I pray for God to bless them and fill their lives with peace and joy! Although Mark is the Men's Lay Director, he would not be able to stand so strong without the support of his loving wife Teresa. God has been faithful to us and they have been faithful to his call to leadership. I ask you all to take a moment and thank God for their steadfastness.**

**I would also like to lift up the Women's Lay Director, Wendy Orzel and her husband Ed. They also have remained strong in the face of adversity. Wendy was scheduled to be our Fall Lay Director and sustained a serious ankle injury just before the trainings were to begin. Wendy had to step down and allow someone else to step in and take the team. But now she too has finally seen the reward of perseverance and has prepared this Spring's women's team to bless another group of pilgrims. She also has the support of her husband Ed. Together they have not only prepared a team for the women's weekend, but they also serve on the Board of Directors.**

**I am constantly humbled, inspired and encouraged by these faithful servants and the example they set, by the support of our board members, and by the members of this community. So many times, this community has stepped up to serve selflessly and be the hands and feet of Jesus Christ.**

**I pray that God will fill all your lives with joy, peace, and comfort as you step up and serve in the name of Christ our Lord.**

**GLYASDI**

**Bob McCormick  
Mid-Michigan Emmaus  
Community Lay Director**

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## BOOKSHELF

Tricia Wiegerink, Literature Chairperson

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There are a plethora of excellent modern Christian books. For this book recommendation I would like to take you back in time to 1678, when *The Pilgrim's Progress*, by John Bunyan, was first published. This classic has been printed, read, and translated more often than any book other than the Bible and is considered the #1 Christian novel of all time. Bunyan was a Puritan dissenter who wrote the book while he was in prison for nonconformist preaching.

This classic allegory of the joys and sorrows of the Christian life opens with the main character, Christian, having a dream that leads him on a journey to the Celestial City, the details of which form the main content of the book. Bunyan traces and highlights aspects of Christian's life through the adventures he and his friends take part in throughout the book. Part 1 covers Christian's journey, while the second part covers his wife Christianna's journey. So, enjoy your journey if you choose to pick up this book and happy reading!

### Prayer

As we move into Spring and celebrate our upcoming Walks to Emmaus #89 and #90 in the Mid-Michigan Community, I want to take the opportunity to thank everyone who serves and prays and participates in the weekend. It will be truly a blessing to the soul! As a reminder, I urge each member of our community to continue to pray for the members of our community (those from Walks #89 and #90 and others), our recent and future sponsors, the leadership of our Mid-Michigan Emmaus Community, and all those things on our hearts and on our minds.

During Walk #88 I was asked the question "How can I get better at prayer, I don't feel very good at it"? My advice is to do some exploring in your prayer life. In a recent article I was reading the authors shared and described 25 types of prayer strategies and prayer practices. Some of these include the strategy known as ACTS which stands for Adoration, Confession, Thanksgiving, and Supplication. A similar strategy is known as the PRAY strategy and stands for Praise, Repent, Ask, and Yield. Other strategies include prayer journaling, personalizing scripture, song, praying the scriptures, and many others.

As you continue to grow and mature in your prayer life, I encourage each of you to explore ways to engage and grow in prayer.

De Colores – Pastor Ray

Link to the article: <https://justdisciple.com/prayer-method/>

## Fourth Day Groups

What a blessing to be part of a group that knows you and cares about you and prays for you and cries with you and laughs with you, a group that helps you be accountable to God yet understands when you fail, a group that holds you during the toughest times, a group that helps you to grow in your faith, a group where you are supported and can be a support for somebody else. This is a great opportunity after our walk to continue to feel the hands and feet of God and to Be the hands and feet of God.

Fourth Day Groups can have many sizes and forms. It may be anywhere from 2-10 or more people. It can be just women, just men, or maybe both. It may meet in a church, someone's home, at a park, or some other location.

The activities of these groups vary as well. The reunion card is used to invite the group along with the Holy Spirit into discussion about the spiritual life, study, and action in the lives of each member. Beyond that, groups have included other activities to build the community within and outside of the 4<sup>th</sup> Day Group. Examples are having a meal together, going to candlelight services, working on a service project, praying together, conducting a devotional study, sponsoring new pilgrims, etc. With time, most groups feel very close like a family.

If you do not have a group to be part of, you can contact your sponsor or a member of the board to help you find a group. You can also start a new group. It only takes 2 people to get started.

### MME Board, Contact Us

Position	Name	Phone	Email
<b>Comm. Lay Director</b>	Bob McCormick	810-357-5617	mccor1958@gmail.com
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<b>Agape/Secretary</b>	Pati Weingartz	989-835-6594	weingartz4jesus@gmail.com
<b>Board Support</b>	Lisa McCormick	810-531-1258	
<b>Board Treasurer</b>	Matt Pollard	989-254-2057	recclubmap@yahoo.com
<b>Candlelight/Sponsor's Hour Chair</b>	Wendy Orzel	989-450-4450	worzel64@yahoo.com
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<b>Facilities Chair</b>	<i>vacant</i>		
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<b>Kitchen Chair</b>	Ed Orzel	989-450-4450	ed_orzel@yahoo.com
<b>Literature Chair</b>	Trisha Wiegierink	989-312-0686	junebugslug@hotmail.com
<b>Music/Entertainment</b>	<i>vacant</i>	---	---
<b>Newsletter Chair</b>	Mary Wheeler	989-274-6722	mwheelie@gmail.com
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<b>Trailer/Supplies Chair</b>	Board shared	---	---
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God Loves You and So Do We!